

Winter 2015



Dundonald Medical Centre

Practice News

Annual Reviews

If you have a chronic health condition such as

ANGINA,
ASTHMA,
CHRONIC KIDNEY DISEASE
COPD
CORONARY HEART DISEASE,
DEMENTIA,
DIABETES ,
EPILEPSY,
HEART FAILURE,
HYPERTENSION
OSTEOPOROSIS or
STROKE



it is important for your health that you are reviewed annually.

If you receive an appointment please try and come but if you are unable to attend please contact reception and an alternative appointment will be offered.

At this time we would ask that you do NOT use the online service to cancel Chronic Disease Clinic appointments as these cannot be traced.

These clinics are set up by the nursing staff to monitor your health and most only require one visit per year.

Looking for Online Health Advice

If looking for online health advice a useful source is patient.co.uk.

This site is the UK's leading independent health site, established for over 15 years. With more than 11 million visits a month, it is a trusted source of information for both patients and health professionals.

The site contains over 4000 health information leaflets, a wellbeing centre, a free health check, and thousands of discussion forums.

It is fully accredited and was listed as 'The top health website you can't live without' by The Times (Jan 2013).



Merry Christmas and a Happy New Year

Missed Appointments

A number of patients are missing their appointments.

Our objective is to provide the best service we can for our patients but we need patients' co-operation to do this. Wasting appointments impedes our ability to see all the patients who need consultations. If you need to cancel an appointment we would be grateful if you could notify reception.



Charity Book Stall

Please feel free to make a donation and select a book from our charity book stall in the waiting area

From March 2014 we have raised £500 and this is going to 'Bandanas for the Brave', a local charity working across the UK proving free bandanas to every child and young person diagnosed with cancer

in the UK.

This charity is managed by one of our patients, and all money they raise is used to provide bandanas.



Christmas

The Doctors and staff of Dundonald Medical Centre would like to take this opportunity to wish all our patients a very Merry Christmas and a Peaceful, Prosperous and Healthy New Year.

Over the festive period the practice will be closed on Friday 25th and Monday 28th

December and also on Friday 1st January 2015.

In the case of a medical emergency please phone South and East Belfast Doctors on Call.

The telephone number for this service is **028 90796220**.

