

# Practice News

## Special points of interest:

- Swine Flu
- Vaccinations
- Travel Medicine Charges
- Annual Reviews
- Christmas Information

## Swine Flu

How can you tell the difference between swine flu and the cold?

Symptom	Cold	Swine Flu
aches	slight aches and pains	severe aches and pains
blocked nose	blocked nose commonly present	blocked nose not usually present
chest discomfort	mild to moderate discomfort	often severe discomfort
chills	are uncommon	occur in more than half of cases
cough	mucus producing cough often present	dry cough usually present
fever	fever is rare	high fever is common and lasts 2-5 days
headache	rare and mild	very common
sneezing	common	rare
sore throat	commonly present	not commonly present
time scale	develops over a few days	develops over a few hours
tiredness	mild	moderate to severe



## H1NI (Swine Flu) Vaccinations

Swine flu vaccinations are now available for certain groups in this practice. At present the order in which they are given is being controlled by the Department of Health.

The first patients to be invited are those with ongoing medical conditions. All eligible patients will be invited in turn.



**Merry Christmas and a Happy New Year !**

## Travel Medicine Charges



Most services provided by this practice are free under the National Health Service, however not all vaccinations or prescriptions in connection with travel abroad are available on the NHS.

From 7th December 2009, all private prescriptions for travel vaccines will incur a fee of £10.00 per injection.

This includes the following:

Hepatitis B  
(3 injections per course)

Rabies  
(3 injections per course)

Japanese B Encephalitis  
(2 injections per course)

Tick-Borne Encephalitis  
(3 injections per course)

An additional administration fee of

## Annual Reviews



If you have a chronic health condition such as

ASTHMA, CORONARY HEART DISEASE, ANGINA, HEART FAILURE, STROKE, HYPERTENSION, DIABETES, EPILEPSY, DEMENTIA, CHRONIC KIDNEY DISEASE,

it is important for your health that you are reviewed annually.

The Treatment Room are currently sending out appointments for these reviews.

If you receive an appointment please try and come but if you are unable to attend please contact reception and an alternative time will be offered.

At this time we would ask that you do NOT use the online service to cancel Chronic Disease Clinic appointments as these cannot be traced.

These clinics are set up by the nursing staff to monitor your health and most are once per year only.

## Christmas



The Doctors and staff of Dundonald Medical Centre would like to take this opportunity to wish all our patients a very Merry Christmas and a Peaceful and Prosperous New Year.

Over the festive period the practice will be closed on Friday 25th and Monday 28th December and also on Friday 1st January.

In the case of a medical emergency please phone South and East Belfast Doctors on Call.

The telephone number for this service is 028 90796220