

Autumn 2014



Dundonald Medical Centre

Practice News

Seasonal Influenza Vaccination

Flu vaccinations will soon be available in this practice. They are recommended for the following groups.



All pregnant women at any stage of pregnancy

All people aged 65 or over

All children aged 2 or 3

Health and Social Care Workers

Long stay patients in Nursing Homes

All patients with:

- **Chronic lung disease**
- **Chronic heart disease**
- **Chronic kidney disease**
- **Chronic liver disease**
- **Neurological disease**
- **Diabetes**
- **Immunosuppression**

Carers

Saturday Morning Flu Clinic

Every year we have to vaccinate a significant number of patients to protect against seasonal flu. This year we aim to vaccinate over 2500 patients.

In order to try and keep our other patient services running without disruption, the doctors have decided once again to run a Seasonal Influenza Vaccination Clinic on Saturday 11th October.

Those eligible to attend this clinic will be written to and invited to attend.

Those requiring additional Pneumococcal or Shingles vaccine will be called at another time. Children will be called to a separate clinic.

Please note other medical problems will not be dealt with at this clinic due to the numbers attending.

11/10/14
11 OCT

Please feel free to make a donation at our Charity Book Stall in reception. All proceeds to Karen Salmon, Crosslinks, Ethiopia. To date we have raised £147 and also sent 80 school dresses.

Children's Vaccine Shingles Vaccine

Seasonal Influenza vaccination is now offered to all children aged 2 and 3 years whether they are healthy or have health problems. This is effective in preventing the spread of flu among children and also to adults.



The vaccine is given by spraying a little liquid into the nose. No injection required!

From September 2013, adults

aged 70, 78 and 79 years will be offered shingles vaccination.

If your date of birth falls between **02-09-1943 to 01-09-1944**

Or

02-09-1934 to 01-09-1936.

you will be written to and invited to attend for vaccination at this practice.

Diabetic Retinopathy Screening

If you have diabetes, it is vital that you have your eyes checked regularly.



All patients of this practice with diabetes will be offered retinal screening between Monday 29th September and Tuesday 14th October.

The screening test involves taking 2 photos of the back of the eye using a special camera.

If you are over 50 years you will

need drops put into your eyes about 15 minutes before the test. This helps get a good quality photograph. You will not be able to drive for at least 2 hours after the eye drops so please arrange transport.

Our last eye screening for those with diabetes detected patients with previously unknown problems

Letters of Support for DLA/ESA Claims

Many patients are requesting letters of support for use in a social security benefit claim.



Due to increasing numbers of patients requesting such evidence, as a practice, we have agreed to provide a computer printout summary of recent relevant medical history and a copy of any relevant hospital letters. This should provide all the information required to assist with your benefit claim.

This service is not covered by

the NHS so has to be provided outside the normal NHS services provided by a GP. We therefore make a charge for the time required to identify and review this information before being provided.

The charge for this will be £20.

We will no longer provide personalised letters of support.