

Autumn 2013



Dundonald Medical Centre

Practice News

Seasonal Influenza Vaccination

Flu vaccinations will soon be available in this practice. They are recommended for the following groups.



All pregnant women at any stage of pregnancy

All people aged 65 or over

All children aged 2 or 3

Health and Social Care Workers

Long stay patients in Nursing Homes

All patients with:

- **Chronic lung disease**
- **Chronic heart disease**
- **Chronic kidney disease**
- **Chronic liver disease**
- **Neurological disease**
- **Diabetes**
- **Immunosuppression**

Carers

Saturday Morning Flu Clinic

Every year we have to vaccinate a significant number of patients to protect against seasonal flu. This year we aim to vaccinate over 2200 patients.

In order to try and keep our other patient services running without disruption, this year the doctors have decided to run a Seasonal Influenza Vaccination Clinic on Saturday 12th October.

Those eligible to attend this clinic will be written to and invited to attend.

Those requiring additional Pneumococcal or Shingles vaccine will be called at another time. Children will be called to a separate clinic.

Please note other medical problems will not be dealt with at this clinic due to the numbers attending.

12/10/13
12 OCT

Please feel free to make a donation at our Charity Book Stall in reception. All proceeds to Marie Curie.

To date we have raised £520.

Children's Vaccine Shingles Vaccine

Seasonal Influenza vaccination is now offered to all children aged 2 and 3 years whether they are healthy or have health problems.

This is effective in preventing the spread of flu among children and also to adults.



The vaccine is given by spraying a little liquid into the nose. No injection required!

From September 2013, adults aged 70 and 79 years will be offered shingles vaccination.

If your date of birth falls between 02-09-1942 to 01-09-1943

Or

02-09-1933 to 01-09-1934.

you will be written to and invited to attend for vaccination at this practice.

Cycle Challenge

This year a team from the surgery is entering the John Lindsay, Memorial 'Torr Head' Cycle Challenge on September 22nd 2013.



The team includes

- ◆ Dr L Haslam
- ◆ Dr I Ryans
- ◆ Dr C Curran
- ◆ Mary

All proceeds raised will be given to Northern Ireland Hospice.



Letters of Support for DLA/ESA Claims

Many patients are requesting letters of support for use in a social security benefit claim.

Due to increasing numbers of patients requesting such evidence, as a practice, we have agreed to provide a computer printout summary of recent relevant medical history and a copy of any relevant hospital letters. This should provide all the information required to assist with your benefit claim.



This service is not covered by the NHS so has to be provided outside the normal NHS services provided by a GP. We therefore make a charge for the time required to identify and review this information before being provided.

The charge for this will be £20.

We will no longer provide personalised letters of support.