



Practice News

Helping us to help you - Appointments

Special points of interest:

- Appointments
- Meet the Staff
- Human Papilloma Virus
- Flu Vaccination
- Private Fees

These may be arranged by contacting the Medical Centre or on-line no earlier than 2 weeks in advance.

Please be punctual. Please let us know if you cannot keep your appointment as these can always be used by someone else. One person only per appointment please.

Each appointment is expected to last no longer than 10 minutes. It can be difficult to deal with multiple complaints in one appointment slot.

Appointments can be arranged with the doctor of your choice unless your appointment is urgent, in which case you will be asked to see the doctor on call.

Meet the Staff - the Health Visitor

The Health Visitor works with families, individuals and groups in preventative medicine, health promotion and education. Health Visitors visit all babies after the midwife ceases to attend. They carry out developmental assessment checks and advise on general care and immunisation. Health Visitors must be trained nurses and registered as Health Visitors with the Nursing and Midwifery Council.

There are 2 Health Visitors who work with this practice, Alison Moulds and Julie Venard.

The practice workload is divided on a geographical basis with Julie covering mainly the Longstone, Millars and Old Dundonald Road

areas and Alison covering the remainder of our practice area.

They also run a baby clinic and a breast feeding support group in the adjoining Healthcare Centre.

To contact Alison or Julie please ring: 90534704



Congratulations to Dr Haslam who supported by our patients and staff raised £1247.77 for Cancer Research UK during his annual fund raising cycle

REMEMBER

It is possible to order prescriptions online. Please ask at reception for more details.

**“protect yourself
- catch the vaccine not the flu”**

The Human Papillomavirus Vaccine

As you may be aware the Department of Health is introducing a new immunisation aimed at protecting girls against their future risk of cervical cancer.

Cervical cancer can be very serious and around 1,000 women die from it in the UK each year.

This programme will be run by the school health team.

We will be offering this vaccination to 17-18 year old girls who would otherwise be missed by the school health programme.

3 injections within 12 months are required to give the best protection.

Flu Vaccination

Flu vaccinations become available in the practice in October.

This is recommended for the following groups.

- Anyone aged 65 or over
- Carers
- Children and adults with the following conditions
 - Chest conditions eg asthma
 - Heart, liver, or kidney disease
 - Neurological disease e.g. MS

Diabetes

Lowered immunity

- Children admitted to hospital with a chest infection
- Anyone living in a residential home

All those eligible will be called. Please speak to one of the doctors or nurses if you feel you should receive this vaccination and do not receive an invitation to attend.

Private Fees

Most services provided by this practice are free under the National Health Service.

However some letters or forms that require completion by a doctor are not covered by NHS payments. For these we charge a fee.

Any form submitted for completion will be ready for collection in 7 days. Payment is made at the time of collection.

The fees charged are as listed.



Jury Exemption	Free
Smart Pass	£10.00
Private sick line	£10.00
Fitness to travel	£20.00
Holiday Cancellation	£20.00
Passport Application	£20.00
Driving Licence	£20.00
Childminding Form	£20.00
Insurance Protection	£30.00
Pre employment (1 page)	£20.00
Pre employment (2+pages)	£40.00
Address confirmation	£20.00
Private prescription	£10.00
Medical for HGV, PSV, Sport etc	£70.00