



# Practice News

## Special points of interest:

- Carer's Service
- Retinal Screening Reminder
- Strange Prescriptions requests
- Annual Reviews
- Christmas Information

## Carer's Service

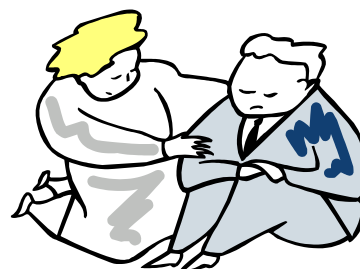
The Belfast Carer's Service has been active in this practice for almost 8 years.

This service is available to all carers and those they care for no matter their circumstances.

We offer a Carer's Support Clinic every Friday from 10 am to 12 midday with Sharon. Appointments for this are booked at reception and can be booked in advance.

Advice can be given about a range of areas including housing, finance, benefits and emotional support.

This is a free service and if you require any additional information please do not hesitate to ask any member of the practice staff.



## Retinal Screening Reminder



If you have diabetes, it is vital that you have your eyes checked regularly.

All patients of this practice with diabetes will be offered retinal screening between Monday 5th - Wednesday 14th December.

The screening test involves taking 2 photos of the back of the eye using a special camera.

If you are over 50 years you will need drops put into your eyes about 15 minutes before the test. This helps get a good quality photograph.

**You will not be able to drive for at least 2 hours after the eye drops so please arrange transport.**

**Merry Christmas and a Happy New Year**



## Helping us to help you - Prescriptions

Over the course of a year we get many strange prescription requests—here are just a few.

Medication requested	Medication required
Jurassic patches	Durogesic patches
Unsure drinks	Ensure drinks
Playtex tablets	Plavix Tablets
Marzipan	Mirtazapine

## Annual Reviews



If you have a chronic health condition such as

ANGINA,  
ASTHMA,  
CHRONIC KIDNEY DISEASE  
COPD  
CORONARY HEART DISEASE,  
DEMENTIA,  
DIABETES ,  
EPILEPSY,  
HEART FAILURE,  
HYPERTENSION or  
STROKE

it is important for your health that you are reviewed annually.

The Treatment Room are currently sending out

appointments for these reviews.

If you receive an appointment please try and come but if you are unable to attend please contact reception and an alternative time will be offered.

**At this time we would ask that you do NOT use the online service to cancel Chronic Disease Clinic appointments as these cannot be traced.**

These clinics are set up by the nursing staff to monitor your health and most require one visit per year only.

## Christmas



The Doctors and staff of Dundonald Medical Centre would like to take this opportunity to wish all our patients a very Merry Christmas and a Peaceful, Prosperous and Healthy New Year.

Over the festive period the practice will be closed on Monday 26th and Tuesday 27th

December and also on Monday 2nd January 2012.

In the case of a medical emergency please phone South and East Belfast Doctors on Call.

The telephone number for this service is **028 90796220**.