

Summer 2013



Dundonald Medical Centre

Practice News

NHS Zero Tolerance Policy

Special points of interest:

- NHS Zero Tolerance Policy
- Diabetic Eye Screening
- Breast Screening
- Cervical Screening
- Bowel Screening

Dundonald Medical Centre fully supports the NHS Zero Tolerance Policy. The aim of this policy is to tackle the increasing problem of violence against staff working in the NHS.

Violence is defined as “ any incident where staff are abused, threatened or assaulted”. This includes both **verbal and physical abuse** as well as threatening or abusive language.

We have seen an increase in the level of verbal abuse faced by our staff over recent times. We have a duty to provide a safe environment for patients and staff.

Any incidents will be dealt with extremely seriously and may result in immediate removal from the surgery list or even prosecution.

Diabetic Retinopathy Screening

If you have diabetes, it is vital that you have your eyes checked regularly.

All patients of this practice with diabetes will be offered retinal screening between Monday 22nd - Wednesday 31st July.

The screening test involves taking 2 photos of the back of the eye using a special camera.

If you are over 50 years you will need drops put into your eyes about 15 minutes before the test. This helps get a good quality photograph.

You will not be able to drive for at least 2 hours after the eye drops so please arrange transport.

Our last eye screening for those with diabetes detected 5 patients with previously unknown problems.



Please feel free to make a donation at our Charity Book Stall in reception. All proceeds to Marie Curie.

To date we have raised £480.

Breast Screening



The Northern Ireland Breast Screening Programme screens women aged 50 to 70 years from GP practices once every 3 years for breast cancer. If you are registered with us and your contact details are correct, then you will automatically receive an invitation to attend.

All eligible patients of this practice will be offered breast screening in June or July 2013. Results will be sent directly to the patient within 3 weeks.

Screening occurs at the

- Breast Screening Unit
Linenhall Street
Belfast

As a result of our last breast screening in 2010 for those aged 50 to 70 years 6 women were diagnosed with previously unknown breast cancer and referred for treatment.

Cervical Screening

Cervical screening aims to prevent cervical cancer from developing. It's often called a 'smear test' and checks the health of the lower part of the womb.

It involves taking a small sample of cells to look for abnormal changes.

Screening is offered to all women aged 25 - 64 years.

You will be automatically invited every 3 years if aged 25 - 49 years and every 5 years if aged 50 - 64 years.

In Northern Ireland 80 women are diagnosed with cervical cancer each year, 20-30 women die from cervical cancer each year.

Early detection and treatment can prevent 7 out of 10 cases of this cancer.

Bowel Screening

The Bowel Cancer Screening Programme offers bowel cancer screening to both men and women aged 60 - 71 years.

The aim of the screening programme is to detect bowel cancer at an early stage when there are better chances of effective treatment.

The kit has been designed to be used in the privacy of your own home over 3 days.

The Bowel Cancer Screening Programme Free Helpline number is:
0800 0152514